

**ABSTRACT**

A refrigerator or freezer apparatus comprising: a cabinet (1) at least a compartment (2,3) to store food, a box (5) firmly lodged in said cabinet and closable in a vacuum-tight manner, a drawer (6) apt to be extracted and inserted in said box, a vacuum pump (7) connected to said box in the back side of it, a vacuum valve (13) able to selectively equalise the internal pressure in said box, wherein it comprises locking means, and specially a tiltable handle in the front side of said drawer, able to connect or disconnect said drawer to/from said box; said vacuum valve and/or said vacuum pump are operated by the tilting movement of said handle or by the closing movement of said drawer (6).